

VSMC — 6-Month Session Schedule

October 2026 – April 2027

10-Week Rotating Format

Weeks 1–2: Group Conversation + 3 themed presentations each week — weekly presentation challenge

Weeks 3–4: Impromptu Presentations — multiple members get a chance to present

Weeks 5–6: Phone Conversation + 3 themed presentations each week — weekly presentation challenge

Weeks 7–8: Planned Presentation Days — multiple members get a chance to present

Weeks 9–10: Interview Practice + 3 themed presentations each week — weekly presentation challenge

Then: The 10-week cycle repeats continuously.

Six-Month Schedule

Holiday break: no VSMC on Dec 26 or Jan 2. Sessions resume Jan 9 and the rotation continues from where it left off.

Date	VSMC Format
Oct 10	Group Conversation + 3 Presentations — Humorous Theme
Oct 17	Group Conversation + 3 Presentations — New Theme
Oct 24	Impromptu Presentations — Multiple Members
Oct 31	Impromptu Presentations — Multiple Members
Nov 7	Phone Conversation + 3 Presentations
Nov 14	Phone Conversation + 3 Presentations
Nov 21	Planned Presentation Day — Multiple Members
Nov 28	Planned Presentation Day — Multiple Members
Dec 5	Interview Practice + 3 Presentations
Dec 12	Interview Practice + 3 Presentations
Dec 19	Group Conversation + 3 Presentations
Jan 9, 2027	Group Conversation + 3 Presentations
Jan 16	Impromptu Presentations — Multiple Members
Jan 23	Impromptu Presentations — Multiple Members
Jan 30	Phone Conversation + 3 Presentations
Feb 6	Phone Conversation + 3 Presentations
Feb 13	Planned Presentation Day — Multiple Members
Feb 20	Planned Presentation Day — Multiple Members
Feb 27	Interview Practice + 3 Presentations
Mar 6	Interview Practice + 3 Presentations
Mar 13	Group Conversation + 3 Presentations
Mar 20	Group Conversation + 3 Presentations
Mar 27	Impromptu Presentations — Multiple Members
Apr 3	Impromptu Presentations — Multiple Members
Apr 10	Phone Conversation + 3 Presentations
Apr 17	Phone Conversation + 3 Presentations
Apr 24	Planned Presentation Day — Multiple Members

Presentation Challenge & Rewards

On the weeks with 3 presentations, three members will give 2.5-minute presentations. Members will vote for their preferred presentation, and we will select the winner based on the member votes. The winner receives a certificate. At the end of each month, the person with the most wins receives a free 1-on-1 session.

Impromptu & Planned Presentation Days: These sessions are designed to give multiple members the opportunity to present and are included in the regular VSMC price. They do not use the 3-person weekly competition format.

Registration: For the 3-presentation challenge weeks, members register in advance through a Google Form. The weekly presentation theme will be announced beforehand, and three presenters will be selected from the registrations.

Cycle: The complete 10-week format repeats continuously after the Interview Practice weeks.